September 2023

# YOUTH AND FAMILY RESOURCES



Check out the list below of upcoming programs, events and general services supporting youth and families!



## **Events**

#### **Community Partnership for Children**

**Program:** Community Developmental Screenings

Want to check if your child's development is on track? Our trained screeners can administer the Ages and Stages Questionnaire (ASQ) and determine if your child may be experiencing delays in five different developmental domains. If a referral is recommended, staff from various agencies will be available to help you navigate the next steps. Advance registration is required.

Date/Time: 9/20, 10/5, & 10/6 Contact: ryan@uwofsc.org

Visit: https://familyresourcesheboygan.org/developmental-screening-day-registration/

#### **Mead Public Library**

**Program:** Preschool Storytime

Join us in the Story Garden as we sing, read, write, talk and play our way into kindergarten, strengthening the pre and early literacy skills that will help your child be ready for school. Activities are most appropriate for preschool-age learners. Exploration Stations - including art and science experiments, block play and magnifying glasses - are set up in the Activity Center afterwards.

**Date/Time:** Wednesdays, 9:30 & 10:30 a.m. **Contact:** alison.loewen@meadpl.org

#### **Progressive Beginnings**

**Program:** Free Developmental Screenings

Sign up for a FREE 30-minute screening to check in on your child's development including the areas of communication, gross motor, fine motor, problem solving and personal-social skills.

Date/Time: 9/14 & 9/28, several slots available

Contact: jessicapt@progbeg.com Visit: www.progbeg.com/events

#### Family Connections Inc.

**Program:** Introduction to the Five for Families Parenting Workshop

Join us at the Mead Public Library and explore what it means to be a strong family, why family strength is important and how the five strengths assist your family in difficult times, feel more confident as a parent and help you feel better prepared to meet the needs of your children as they grow. A light breakfast, childcare and takeaways are provided. Advance registration is required.

Date/Time: 9/23, 9:30 a.m.

Contact: Terri Schultz, (920) 904-8529 or

terris@familyconnectionscc.org **Visit:** <u>www.familyconnectionscc.org</u>

#### Safe Harbor

**Program:** Changing Patterns

Changing Patterns will bring together teens that have been exposed to unhealthy relationships or have experienced teen dating violence. This group will focus on the key factors to having healthy relationships, identifying red flags, setting boundaries and exploring our self-esteem to build confidence. This will allow teens to examine their own relationships and express their experiences to their peers. We will also educate teens on how to help someone else who may be in an unhealthy relationship along with ways to report abuse/sexual assault.

**Date/Time:** Wednesdays in September, 4:00 p.m. **Contact:** jeremyw@sheboygansafeharbor.org **Visit:** https://www.sheboygansafeharbor.org/

See final page for programs able to serve Spanish-speaking families

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Consulte la última página para conocer los programas que pueden atender a familias que hablan español

## **Events Continued**

Sheboygan County HHS

**Program:** Building Healthy Relationships with Children Who Have Experienced Trauma

An eight-week workshop for parents, foster parents, caregivers and professionals to provide better understanding to trauma and how to help children who have been impacted. Sessions build from week to week so best to be able to attend all. Child care (until full) and dinner are provided. Workshop is free except professionals are asked to pay \$10 for workbook.

Date/Time: 9/27 - 11/15, 5:00 p.m.

Contact:katherine.pruitt@sheboygancounty.com

Progressive Beginnings/Family Resource Center of Sheboygan County/Mead Public Library

**Program:** Bitty Book Club

Bring your child aged 2-5 and join us at the Mead Public Library for a free interactive toddler book club where facilitators from the Family Resource Center and Progressive Beginnings will help make stories come alive with book-themed activities that encourage a child's motor, language and social development. Our professionally-trained Parent Educator and Physical Therapist will point out child developmental milestones to watch for while building your child's very own library and literacy skills as your child approaches kindergarten. Each family will be able to take a copy of the book home!

**Date/Time:** 9/19, 9:30 a.m. & 4:30 p.m. **Contact:** jessicapt@progbeg.com

Visit: https://www.meadpl.org/event/bitty-book-

<u>club-15</u>

Fresh Meals On Wheels of Sheboygan County

Program: Fresh Meals on Wheels Open House

Check out all the amazing things that go into making nutritious meals for members of our community. Take a tour, explore our sensory garden, enjoy live music and food & beverages. This is a family-friendly event open to the public in hopes that we all learn a little more about meeting our neighbors' nutritional needs.

**Date/Time:** 10/4, 4:00 p.m. **Contact:** (920) 451-7011

Visit: <a href="https://www.freshmealsonwheels.org/">https://www.freshmealsonwheels.org/</a>

events

#### **Dare to Dream Theatre**

**Program:** Fancy Nancy the Musical

Based on the award-winning books by Jane O'Connor, Fancy Nancy and her friends Bree, Rhonda, Wanda and Lionel get ready to perform in their very first show, "Deep Sea Dances." Nancy is positive (that's fancy for 100 percent sure) that she and Bree will be picked to be mermaids. When another girl wins the coveted role of the mermaid, Nancy is stuck playing a dreary, dull tree. Can Nancy bring fancy flair to her role, even though it isn't the one she wanted?

**Date/Time:** 9/29 - 10/8, 6:30 p.m. **Contact:** daretodreamtheatre@

daretodreamtheatre.org

Visit: https://www.daretodreamtheatre.org/

fancy-nancy-musical

**Great Marriages** 

**Program:** Thriving Together: Nurturing Healthy Dynamics in Couples and Families

Join Great Marriages and licensed Marriage and Family Therapist, Travis Nugent, as we discuss how to thrive in your relationships! We will discuss the following topics: Family Dynamics and Relationship Patterns; Communication and Conflict Resolution; Emotional Intimacy and Connection and Maintaining Healthy Relationships. Show your kids how to have a healthy relationship by your example!

Date/Time: 9/23, 5:30 p.m.

Contact: events@great-marriages.org or

(920) 783-6142

Visit: https://www.great-marriages.org/events

Progressive Beginnings/Above & Beyond Children's Museum/Mead Public Library/Family Resource Center of Sheboygan County

Program: BYOB (Bring Your Own Baby)

Join parents, caregivers and kiddos ages 0-2 y/o at the Above and Beyond Children's Museum to socialize and learn from Early Childhood Specialists! Progressive Beginnings' therapists and Family Resource Center's Parent Educators will host a different developmental topic each month. Class is offered at both 9:30 a.m. and 4:30 p.m.

**Date/Time:** 9/21, 9:30 a.m. & 4:30 p.m.

Contact: jessicapt@progbeg.com

### Resources

#### **Anchor of Hope**

**Program:** Free Sexual Health Clinic

No-cost confidential STD testing and treatment, pregnancy testing, limited OB ultrasounds, support groups, man-to-man mentoring and parenting classes for parents and families.

Contact: Call or Text (920) 452-4673 Visit: <a href="https://www.anchorofhopewi.org">www.anchorofhopewi.org</a>

#### **RAYS**

**Program: RAYS Youth Services** 

RAYS Youth Services is a voluntary, community-based program open to all youth between school age and 21 years of age. The program is designed to support homeless, runaway and at-risk youth. RAYS meets all youth where they are at within the community, using a trauma-informed perspective to build coping/social-emotional skills, positive adult connections and strong connections to their community.

**Contact:** RAYS@WeAreFoundations.org or

(920) 458-7100

Visit: https://wearefoundations.org/

rays-youth-services/

#### Safe Harbor

**Program:** Youth Services

Safe Harbor's Youth Services Program provides family-focused crisis intervention and individual supportive services to children who have experienced the trauma of domestic or sexual violence in their lives. Our program offers one-on-one advocacy to children and parents. Please reach out to us with any questions about our services.

**Contact:** jeremyw@sheboygansafeharbor.org **Visit:** https://www.sheboygansafeharbor.org/



# Family Resource Center of Sheboygan County

**Program:** Parents as Teachers

Parents as Teachers is a free, evidence-based, voluntary program to support Sheboygan County families by helping you to increase your parenting knowledge and skills and helping to provide early detection of any potential developmental delays in your child. Services include answers to your parenting questions, personal in-home or virtual visits and/or a variety of group parenting & family class options to help you and your child make the most of the early years.

Contact: PAT@frc-sc.org or (920) 892-6706 Visit: https://familyresourcesheboygan.org/

#### Horizons4Girls

**Program:** Mentoring and/or Tutoring

Horizons4Girls works with female middle and high school students county wide. Study skills, communication skills and life skills are a part of the programming. Job shadowing and coaching is offered. Horizons4Girls works to discover that internal passion and help a student pursue it.

Contact: info@Horizons4Girls.com

Visit: Horizons4Girls.com

# Sheboygan County Health & Human Services

**Program:** Birth to Three

Some toddlers start talking when they are a year old. Others might take longer to say their first words. If you are worried about the way your baby or toddler is developing, don't wait! The years from birth to age three are so important!

Contact: (920) 459-0368

Visit: https://www.sheboygancounty.com/departments/departments-f-q/health-and-human-services/child-family-services/children-family-resource-unit

#### **Lakeshore Community Health Care**

**Program:** School Dental Program

We offer dental care for children enrolled in Manitowoc County & Sheboygan County Schools! Learn more at

https://www.lakeshorechc.org/schooldental

Contact: (920) 946-5689

Visit: <a href="https://www.lakeshorechc.org/schooldental">https://www.lakeshorechc.org/schooldental</a>

## **Resources Continued**

#### **Girl Scouts of Manitou Council**

**Program:** Girl Scouts

Make s'mores around a campfire? Explore a state park with your troop? Bring a smile to someone's face? Do all that and more with Girl Scouts! Your year of fun awaits! Now's the perfect time to start your Girl Scout journey. Get ready to go on epic adventures, try new things and have a blast! Discover a world of excitement with your Girl Scout friends by your side.

Contact: growstrong@gsmanitou.org or

(920) 565-4575

Visit: www.gsmanitou.org

## Boy Scouts of America, Bay-Lakes Council

**Program:** Cub Scouts

Cub Scouts have the time of their lives making new friends and learning new things in an environment designed to help them succeed. From building a Pinewood Derby® car to learning how to roast the perfect marshmallow at a family camp out, your child will LOVE being a Cub Scout. So if your child is in the kindergarten through fifth grades, or 6 to 10 years old, then it's time to have some fun with the Cub Scouts!

Contact: sally.bork@scouting.org or

(920) 203-0700

Visit: https://beascout.scouting.org/

#### **Progressive Beginnings**

**Program:** Developmental Checklists for Children 1-14

Check in on your child's development — early intervention is key! Take a brief survey to check in on a child's motor, language and sensory development.

**Contact:** jessicapt@progbeg.com **Visit:** <u>https://www.progbeg.com/</u> developmentalchecklists



## **General Resources**

For assistance with basic needs, housing, utilities, food, clothing, employment, support groups, legal aid or other essential needs, please dial 2-1-1 or search <a href="https://www.211now.org">www.211now.org</a>.

Another great local resource is Mental Health America (MHA) Lakeshore's Community Resource Guide.

For resources for families, students, and educators as they navigate the school year, check out MHA Lakeshore's <u>Back to School Toolkit</u>, a collection of resources that will be updated throughout the school year.

For general emergencies, dial 9-1-1. For a mental health emergency, please dial (920) 459-3151 or 9-8-8.

To protect your health and safety, as well as the health and safety of agency staff and clients, please do not sign up for events or programs if you are feeling ill. Be mindful of all Sheboygan County's Safe Restart Guidelines and CDC recommendations.

The agencies listed are independent nonprofit organizations and are not controlled, operated or managed by the Sheboygan County Community Partnership for Children (CPC). The information about the youth and family resources are provided to CPC by the organizations.



Septiembre 2023

# **RECURSOS PARA JÓVENES Y FAMILIAS**



Próximos programas indicados a abajo, eventos y servicios generales de apoyo a jóvenes y familias.



### **Eventos**

#### **Community Partnership for Children**

Program: Proyecciones de desarrollo comunitario

¿Quiere verificar si el desarrollo de su hijo sigue el buen camino? Nuestros examinadores formados pueden administrar el Cuestionario de Edades y Etapas (ASQ) y determinar si su hijo puede estar presentando retrasos en cinco dominios de desarrollo diferentes. Si se recomienda una consulta, el personal de varias agencias estará disponible para ayudarle a dar los siguientes pasos. Se requiere inscripción previa.

Fecha/hora: 20/9, 5/10 y 6/10 Contacto: ryan@uwofsc.org

Visita: <a href="https://familyresourcesheboygan.org/developmental-screening-day-registration/">https://familyresourcesheboygan.org/developmental-screening-day-registration/</a>

## Recursos

#### **Anchor of Hope**

**Programa:** Consultorio gratuito de salud sexual

Pruebas y tratamiento confidenciales gratuitos de ETS, pruebas de embarazo, ecografías obstétricas limitadas, grupos de apoyo, tutoría de hombre a hombre y clases de crianza para padres y familias.

Contacto: Llame o envíe un mensaje de texto al

(920) 452-4673

Visite: www.anchorofhopewi.org



# Family Resource Center of Sheboygan County

**Program:** Padres como maestros

Padres como Maestros es un programa gratis, basado en la evidencia, voluntario para apoyar a cualquier familia del Condado de Sheboygan respondiendo a sus preguntas, aumentando sus habilidades de crianza y ayudando a proporcionar una detección temprana de cualquier posible retraso en el desarrollo de su hijo. Los servicios incluyen respuestas a sus preguntas sobre crianza, visitas personales a domicilio o virtuales y/o una variedad de clases en grupo sobre crianza y familia para ayudarle a usted y a su hijo a aprovechar al máximo los primeros años.

Contacto: PAT@frc-sc.org o (920) 892-6706 Visite: <a href="https://familyresourcesheboygan.org/">https://familyresourcesheboygan.org/</a>

## Rontinuación de los Recursos

#### **Girl Scouts of Manitou Council**

Programa: Girl Scouts

¿Hacer malvaviscos alrededor de una fogata? ¿Explora un parque estatal con tu tropa? ¿Sonríe a alguien? Haz todo eso y mucho más con las Girl Scouts. ¡Te espera un año de diversión! Ahora es el momento perfecto para comenzar tu viaje con las Girl Scouts. Prepárate para vivir aventuras épicas, probar cosas nuevas y pasarlo en grande. Descubre un mundo de emociones con tus amigas Girl Scouts a tu lado.

Contacto: growstrong@gsmanitou.org o

(920) 565-4575

Visite: www.gsmanitou.org



# Sheboygan County Health & Human Services

**Programa:** Del nacimiento a los tres años

Algunos niños empiezan a hablar cuando tienen un año. Otros pueden tardar más en decir sus primeras palabras. Si te preocupa el desarrollo de tu bebé o niño pequeño, ¡no esperes! Los años que van desde el nacimiento hasta los tres años son muy importantes.

Contacto: (920) 459-0368

**Visite:** <a href="https://www.sheboygancounty.com/departments/departments-f-q/health-and-human-services/child-family-services/children-family-resource-unit">https://www.sheboygancounty.com/departments/departments-f-q/health-and-human-services/child-family-services/children-family-resource-unit</a>

#### **Lakeshore Community Health Care**

**Programa:** Programa Dental Escolar

Ofrecemos atención dental para niños que asisten a las escuelas de los condados de Manitowoc y Sheboygan. Más información en https://www.lakeshorechc.org/schooldental

Contacto: (920) 946-5689 (920) 946-5689

Visite:

https://www.lakeshorechc.org/schooldental

## Recursos generales

Para obtener ayuda con las necesidades básicas, vivienda, servicios públicos, alimentos, ropa, empleo, grupos de apoyo, asistencia jurídica u otras necesidades esenciales, marque 2-1-1 o busque en www.211now.org.

Otro gran recurso local es la Guía de Recursos Comunitarios de Mental Health America (MHA) Lakeshore.

Para obtener recursos para las familias, los estudiantes y los educadores a medida que navegan el año escolar, echa un vistazo a MHA Lakeshore's Back to School Toolkit, una colección de recursos que se actualizará durante todo el año escolar.

Para emergencias generales, marque 9-1-1. Para una emergencia de salud mental, por favor marque (920) 459-3151 o 9-8-8.

Para proteger su salud y su seguridad, así como la salud y la seguridad del personal de la agencia y de los clientes, le rogamos que no se inscriba en eventos o programas si se siente enfermo. Tenga en cuenta todas las Sheboygan County's Safe Restart Guidelines y las recomendaciones de los CDC.

Las agencias listadas son organizaciones independientes sin fines de lucro y no son controladas, operadas o administradas por la Asociación Comunitaria para Niños (CPC) del Condado de Sheboygan. La información sobre los recursos de la juventud y la familia son proporcionados a CPC por las organizaciones.