### September 2022

# YOUTH AND FAMILY RESOURCES



Check out the list below of upcoming programs, events and general services supporting youth and families



### **Events**

#### Family Resource Center of Sheboygan County/ Progressive Beginnings/Above & Beyond Children's Museum

Event: Bring Your Own Baby (BYOB)

Join parents, caregivers and kiddos ages 0-2 y/o to socialize and learn from Early Childhood Specialists while exploring the Above & Beyond Children's Museum! Progressive Beginnings' therapists and Family Resource Center's educators will host a different topic each month. Class is offered at both 9:30 a.m. and 4:30 p.m.

**Date/Time:** 9/20/22, 9:30 a.m. and 4:30 p.m. **Contact:** 920-892-6706 and PAT@frc-sc.org or

 ${\sf Jessicapt@progbeg.com}$ 

Visit: https://abkids.org/programs/events/event/byob-bring-

your-own-baby-11

#### Horizons4Girls

Program: Zoom Coffee Chat with Char

Your chance for more information about Horizons4Girls. You can pop online for more information or to ask questions, whether you would like access to H4G services, learn what they are or are interested in what is involved in volunteering.

Date/Time: 9/13/22, 12:00 p.m.

Contact: info@Horizons4Girls.com or 920-254-1584

Visit: www.horizons4girls.com



#### **Sheboygan United**

**Event:** Family Resource Fair

Non-profit organizations with bilingual support will present a free family resource fair at Mead Library.

Date/Time: 9/17/22, 11:00 a.m. Contact: golda@wisc.edu

Visit: https://sheboyganunited.my.canva.site/



#### Mead Public Library

**Program:** Preschool Storytime

Free Storytime, every Wednesday 9:30 & 10:30 a.m. Join us as we sing, read, write, talk and play our way into kindergarten, strengthening the skills your child needs to be ready for school. Optional hands-on activities will follow each session. Recommended ages 3-5 years; older and younger siblings are welcome.

Date/Time: Wednesdays, 9:30 a.m. & 10:30 a.m.

Contact: alison.loewen@meadpl.org

Visit: <a href="https://www.meadpl.org/event/preschool-storytime-314">https://www.meadpl.org/event/preschool-storytime-314</a>

## **Events Continued**



#### **Generations**

Program: Let's Talk Grandkids: Anxiety

This session will discuss the different signs of anxiety in children and teens, the different types of anxiety youth experience, how it can affect behavior, why it often goes undetected, what you should do (and not do) when children are anxious and how to support the youth in your lives that are struggling with anxiety. Presenter: Keegan Rhynas, Education Coordinator from Mental Health America Lakeshore.

Date/Time: 9/12/22, 6:00 p.m.

Contact: Call 920-892-4858 to sign up today

Visit: generationsic.org

#### **Progressive Beginnings**

Program: Bitty Book Club

Bring your child aged 2-5 and join us at the Mead Public Library for a free interactive toddler book club where facilitators from the Family Resource Center and Progressive Beginnings will help make stories come alive with book-themed activities that encourage a child's motor, language and social development. Our professionally-trained Parent Educator and Physical Therapist will point out child developmental milestones to watch for while building your child's very own library and literacy skills as your child approaches kindergarten. Each family will be able to take a copy of the book home!

**Date/Time:** 9/20/22, 9:30 a.m. **Contact:** Jessicapt@progbeg.com

Visit: https://www.meadpl.org/event/bitty-book-club-10

#### **Mead Public Library**

Program: Saturday Storytime

Join us for free Saturday Storytime at 9:30 a.m. Most appropriate for preschool-aged learners, but older and younger siblings are welcome.

Date/Time: 9/17/22, 9:30 a.m. Contact: alison.loewen@meadpl.org

Visit: https://www.meadpl.org/event/saturday-storytime

# Resources/Programs

#### Safe Harbor of Sheboygan County

**Program:** Youth Services Program

Safe Harbor of Sheboygan County Youth Services Program provides family-focused crisis intervention and individual supportive services to children who have experienced the trauma of domestic or sexual violence in their lives. Our program offers one-on-one advocacy to children and parents.

**Contact:** Please reach out to Courtney or Jeremy with any questions about our services by calling 920-452-7640. **Visit:** <a href="https://www.sheboygansafeharbor.org">www.sheboygansafeharbor.org</a>

#### Anchor of Hope Health Center

Program: Free Sexual Health Clinic

No-cost confidential STD testing and treatment, pregnancy testing, limited OB ultrasounds, support groups, man-to-man mentoring and parenting classes for individuals and families who are currently pregnant and/or are parenting at least one child toddler age or under.

**Contact:** Call or text 920-452-4673 for an appointment or walk in at our location located at 1018 South Taylor Drive, Sheboygan, WI. **Visit:** <a href="https://www.anchorofhopewi.org">www.anchorofhopewi.org</a>



## **Resources/Programs Continued**

# Family Services Association/Consumer Credit Counseling Service

Program: Back-to-School Budget Tune-Up

Income and expenses can change just like the transition from summer to the start of a new school year. Why not schedule a free one-hour budget tune-up to start the school year off on the right foot? You will not even need to leave the comfort of your home to attend your appointment.



#### **Progressive Beginnings**

**Program:** Developmental Checklists

Check in on your child's development - early intervention is key! Take a brief survey to check in on a child's motor, language and sensory development.

Contact: jessicapt@progbeg.com

**Visit:** https://www.progbeg.com/developmentalchecklists

#### **Girl Scouts of Manitou Council**

**Program:** Girl Scouts

Image it - you and your forever friends. Dreaming up adventures. Making the whole word sparkle with your own personal brand of magic. A place where you can have total fun and be totally yourself. That's Girl Scouts! Troops are now forming in your school or community. Become a Girl Scout today!

Contact: growstrong@gsmanitou.org & 920-565-4575

Visit: www.gsmanitou.org

#### **REINS Inc.**

Program: Learning to Lead

REINS Inc. provides personal growth, development and challenge equine assisted services. The Learning to Lead program focuses on teaching social, emotional and life skills to school-aged participants through the incorporation of the equine.

**Date/Time:** Now accepting applications for Spring program! **Contact:** morgan.christensen@reins-wi.org, 920-946-8599

Visit: www.reins-wi.org

### **General Resources**

For assistance with basic needs, housing, utilities, food, clothing, employment, support groups, legal aid or other essential needs, please dial 2-1-1 or search <a href="https://www.211now.org">www.211now.org</a>.

Another great local resource is Mental Health America (MHA) Lakeshore's Community Resource Guide.

For resources for families, students, and educators as they navigate the school year, check out MHA Lakeshore's <u>Back to School Toolkit</u>, a collection of resources that will be updated throughout the school year.

For general emergencies, dial 9-1-1. For a mental health emergency, please dial 920-459-3151.

To protect your health and safety, as well as the health and safety of agency staff and clients, please do not sign up for events or programs if you are feeling ill. Be mindful of all Sheboygan County's Safe Restart Guidelines and CDC recommendations.

The agencies listed are independent nonprofit organizations and are not controlled, operated or managed by the Sheboygan County Community Partnership for Children (CPC). The information about the youth and family resources are provided to CPC by the organizations.

