

# GREETINGS!



Providing Access to Healing (PATH) is a school-based mental health community impact initiative that helps create increased access to mental health services for youth and their families by removing financial and geographical barriers. Since 2015, PATH has served over 2000 students.

PATH currently has 13 full-time equivalent therapists who are on track to provide over 8,000 direct therapy sessions to the school districts in our county. While this is something to celebrate, the need for mental health services continues to grow within Sheboygan County - and so too does the demand for PATH services. During the school year, PATH provides services to an average of 500 students. In the first two months of the 21/22 school year, the program reached 70% of the average total students served annually (348 students). While PATH therapists work tirelessly to provide students with direct therapy sessions each week, due to the ever-growing need, there continues to be a waitlist. The Sheboygan Area School District, for example, currently has over 100 students waiting for services.

To help raise awareness and continue providing care to the youth in our county, we are hosting the 5th Annual PATH Mental Health Awareness Golf Day on **Friday, June 16th, 2023 from 9 am - 5 pm**. Held at Sunset Hills in Sheboygan County, this nine hole, par three golf course provides the perfect combination of challenge and fun for all skill level golfers. Not a golfer? No problem. Join us by playing a round on Sunset Hills' mini golf course! Community members can also show their support by participating in the event's raffle (participants will not need to be present to win), and/or donating directly to the cause.

Proceeds from this event will not only help to continue the services and treatments being offered through the PATH Program, but will also help to strengthen the amount of school-based mental health services students, families, and educators receive each year. Waitlists in each district continue to grow, making the need more important than ever! With your support, we work together to help close service gaps as mental health champions in our community.

**The following are ways that you can show your continued support for this event:**

- Book a tee time and/or reserve a mini golf time slot by simply calling Sunset Hills Golf Shop at (920) 467-0780 and let them know you are taking part in the Mental Health Awareness Golf Day!
- Purchase a hole marker with your organization's logo or family's name (personal messages are also accepted)
- Become a sponsor
- Donate a raffle item
- Make an in-kind donation of goods to be used at the event

Thank you for your consideration of supporting this important event. Your response by June 2nd is greatly appreciated. Please do not hesitate to contact Brianna Heusterberg with any questions you may have.

*Brianna Heusterberg*

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**WHY YOUR SUPPORT IS MORE IMPORTANT THAN EVER:**

1 in 5 youth are affected by mental illness



**5,075 IN SHEBOYGAN COUNTY**

**HOW THE PATH PROGRAM IS HELPING:**

Since 2015, 2,000+ students have been helped



**90% REPORT FEELING BETTER ABOUT LIFE**