



HOPE *in* ACTION

FOR HEALTH

United Way puts Hope in Action to ensure everyone has access to healthy lives.
United Way of Sheboygan County (UWSC) invests in **19 health programs.**



\$554,628

2022-23 Investment

**Alzheimer's Association
Southeastern WI**

Awareness, Education & Support

**American Red Cross Northeast
Wisconsin Chapter**

Disaster Services

**Boys & Girls Clubs of
Sheboygan County**

Healthy Lifestyles

CASA of East Central Wisconsin

Child Advocacy Support

Services

Catholic Charities

Community Counseling

**Fresh Meals on Wheels of
Sheboygan County**

Meals on Wheels Delivery

**Lakeshore Regional Child Advocacy
Center**

Forensic Interviews for Family

Mental Health America Lakeshore

Individual Assistance Program

Community Service/Advocacy

**Partners for Community
Development**

Mental Health Translation

Rainbow Kids

Child Grief Support

Safe Harbor of Sheboygan County

Shelter & Helpline

Youth Services

Sheboygan County Food Bank

Supplemental Backpack

program

**Sheboygan County Interfaith
Organization**

Bridgeway & Beyond TLP

Farmers Market

Family Pathways

The Salvation Army

The Emergency Lodge

The Red Shield Wellness Center

Good health is necessary for individual success. When we all have access to basic needs, healthy foods and quality healthcare, the whole community thrives.

Under the 'health' building block to success, United Way of Sheboygan County (UWSC) invests in programs focused on increasing access to mental health services, to healthy and affordable food, shelter and accessible healthcare support.

These programs serve the entire community, regardless of age or ability to pay for services. The emphasis is always on providing quality care and support to the individual in need, whether that is a child in need of food on the weekends or an individual in need of counseling.

When it comes to a person's health and wellbeing, there is no "one size fits all" program, and UWSC is proud to invest in programs that meet the unique, individual needs within our community.



98% of elderly, disabled, and homebound people who receive meals from Fresh Meals On Wheels receive safety checks, phone calls, social interaction and engagement.

68% of families, couples and individuals who participate in Community Counseling at Catholic Charities have improved functioning and wellness.

97% of individuals who reach out to Mental Health America in need of mental health services have a plan of action after their contact with the organization.

100% of children who complete a forensic interview at Lakeshore Regional Child Advocacy Center have reduced trauma.



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United Way puts Hope In Action. Hope In Action through access to healthy lives.

IMPACT STORY

Mental Health America Lakeshore (MHA) staff in the Individual Assistance Program worked closely with a family who had an 18-year-old son enrolled in a local residential program. This program was unable to meet the needs of the family due to HIPPA laws and their son's age. The son was diagnosed with a mental illness and was not advocating for his therapy or medication management. MHA staff were unsure how the case would unfold due to HIPPA laws and this young man already in the system. However, the staff successfully contacted the agency to get communication started and advocated on behalf of the family to obtain power of attorney for their son. A lot of education was required for the family to access his medical records and treatment, as well as to understand the difference between the power of attorney and guardianship.

The son successfully completed his treatment for dual diagnoses of bipolar disorder and addiction and went on to a successful relationship with a local therapist. During this time of being mentally well, the family along with MHA was able to advocate for power of attorney, so when he has a future period of poor mental health and cannot speak for his best interest, the power of attorney will assist him and his family.

This situation occurs monthly at MHA to varying degrees. Loved ones are concerned about the care of a family member or friend and don't have the power to act on their behalf. The Individual Assistance Program is much more than navigation; MHA staff empower the community to take action, when needed. The outcome may not be what either party wants, but education always prevails. Advocacy and determination to access care and recovery is top priority.

***Mental Health America's Individual Assistance Program** is one of the 19 programs that United Way invests in under the building block of 'health.'*

