# YOUTH AND FAMILY RESOURCES

March 2025

Check out the list below of upcoming programs, events and general services supporting youth and families!



#### **Events**

#### DEVELOPMENTAL SCREENINGS

**Organization:** Community Partnership for Children

Do you want to celebrate your child's accomplishments while also ensuring their development is on track? Your child's development will be assessed in language, problem-solving, fine and gross motor skills, personal-social skills as well as hearing and vision. Developmental screenings are free and open to all children ages 6 months to 5 years. Registration is required - reserve your slot today!

Date/Time: Thursday 3/6 from 3-7pm and Friday 3/7

from 8am-12pm

**Where:** Generations in Plymouth **Visit:** <u>familyresourcesheboygan.org</u>

#### MAKE A BUG HOUSE

Organization: Nourish Farms

Crawl on over to Nourish to make your own buzz-worthy bug house! Bee the architect of a cozy home for our six-legged friends. All ant-astic materials will be supplied and you get to take home your creation... that's the bee's knees!

**Date/Time:** Tuesday 3/25 at 4:30pm **Contact:** info@nourishfarms.org **Tickets:** nourishfarms.org/events

#### **TEEN CIRCLE GROUP**

Organization: Mental Health America Lakeshore

This group is relaxed and lighthearted, with the aim of supporting each other and sharing strategies for good mental health. While we chat, we'll draw, paint or doodle to keep our hands busy. No art experience required. Judgement-free zone. Pre-registration is required. Open to any child in middle school or high school.

Where: John Michael Kohler Arts Center in Sheboygan

Date/Time: Thursday 3/20 at 6pm

Contact: (920) 458-3951 Register: mhalakeshore.org

SHEBOYGAN COUNTY COMMUNITY PARTNERSHIP FOR CHILDREN

#### WINTERGREEN FESTIVAL

Organization: Mead Public Library

Chase away the winter blues and welcome the greens of spring. This event features free activities and presentations for all ages, including gardening, animals, nature, wellness, cooking, crafts and more!

Date/Time: Saturday 3/15 starting at 10am

Contact: (920) 459-3400

Visit: meadpl.org

#### **ARTRAGEOUS**

Organization: Weill Center for the Performing Arts

Imagine being transported to a realm where every stroke of the brush is a heartbeat, every note is a pulse, and every move is a masterpiece. Artrageous has graced prestigious venues, captivating audiences worldwide.

Date/Time: Thursday 3/20 at 6pm

Contact: (920) 208-3243

Register: weillcenter.com/events

#### **SPIN & SPLASH**

Organization: YMCA

Enjoy all of the activities included in a dance party, followed by open swim in the Garton Pool. Make a craft, learn a dance and play games. Participants should bring their own swimsuit and towel.

Date/Time: Wednesday 3/26 at 1pm

Contact: dcepa@sheboygancountyymca.org

Register: sheboygancountyymca.org

#### THE ARISTOCATS KIDS

Organization: Dare To Dream Theatre

Join us for a fun-filled journey with Duchess, Thomas O'Malley, and the whole gang in this lively musical.

Dates/Times: March 14 through March 23

Contact: daretodreamtheatre@daretodreamtheatre.org

Tickets: daretodreamtheatre.org

### **Events Continued**

#### **BRING YOUR OWN BABY**

**Organization:** Family Resource Center, Mead Library and Progressive Beginnings

Join parents, caregivers and kiddos to socialize and learn from Early Childhood Specialists! Progressive Beginnings' therapists and Family Resource Center's Parent Educators will host a different developmental topic each month. Designed for children ages O-2. Class is offered at both 9:30 a.m. and 4:30 p.m.

Date/Time: Tuesday 3/11 at 9:30 am and 4:30pm

Contact: jessicapt@progbeg.com

Visit: meadpl.org

# BUILDING HEALTHY RELATIONSHIPS WITH CHILDREN WHO HAVE EXPERIENCED TRAUMA

Organization: Sheboygan Co. Health & Human Services

This free workshop helps educate and support parents, caregivers, foster parents and professionals who work with children/families to better understand stress/trauma, the impacts and how to respond in healthier ways. Held every Thursday over 8 weeks. Register soon before workshop fills.

**Date/Time:** Thursday 3/6 through Thursday 5/1, every Thursday from 9am-12pm. No class on Thursday 3/27. **Where:** Health & Human Services building in downtown

Sheboygan

Contact: (920) 459-3235

#### **GARDEN SERIES: BUGGIN' OUT**

**Organization:** Nourish Farms

Interested in learning how to manage pests without the use of chemicals? Fly on over to Nourish for our Integrated Pest Management (IPM) class and discover a holistic and sustainable approach to pest control! Do you have a tried and true method to buzz about? There will be plenty of time for discussion and questions as this is a huge topic to slug out.

Date/Time: Wednesday 3/12 at 5:30pm & Thursday 3/13

at 10am

**Contact:** info@nourishfarms.org **Tickets:** nourishfarms.org/events

### SHEBOYGAN COUNTY COMMUNITY PARTNERSHIP FOR CHILDREN

#### PARENT CAFE EN ESPANOL

**Organization:** Family Connections

Parent Cafes are for parents, grandparents and other important adults in children's lives to come together. They offer a chance to connect, share experiences and support one another in their parenting journeys. The gathering includes dinner, meaningful conversations and opportunities to build a strong community. Child care is also provided, and each family will receive a gas card to assist with transportation.

Where: Bethany Reformed Church in Sheboygan

**Date/Time:** Thursday 3/6 at 5pm **Register:** <u>familyconnections.org</u>

#### MISTERS ROGERS LEARN & GROW

**Organization:** Mead Public Library

A program for grandparents and grandchildren to learn and grow together. Watch episode clips, then participate in activities inspired by the show (parents and other caregivers also welcome).

Date/Time: Tuesday 3/25 at 10am

Where: Uptown Social Contact: (920) 459-3400

Visit: meadpl.org

#### **FOX & BRANCH FAMILY CONCERT**

**Organization:** Mead Public Library

For over two decades, Dave Fox and Will Branch have energized audiences in the U.S., Canada, the U.K. and Ireland. Their dynamic mix of old-time music, original songs and family folk music has appealed to children and adults, giving everyone a chance to actively participate.

Date/Time: Friday 3/28 at 10am

Contact: (920) 459-3400

Visit: meadpl.org

#### SPRING BREAK DAY CAMP

Organization: YMCA

Looking for something fun for the kids to do over their Spring Break? Send the kids to camp for outdoor adventure and fun! Each day has a special theme and we will be taking a swimming field trip on select days. Sign up early!

Where: YMCA Camp Y-Koda in Sheboygan Falls

Date/Time: Friday 3/21, Monday 3/24 through Friday 3/29

and Monday 3/31

Contact: (920) 467-6882

Register: <a href="mailto:sheboygancountyymca.org/camp-y-koda">sheboygancountyymca.org/camp-y-koda</a>

### **Events Continued**

# DEVELOPING GOOD BEDTIME ROUTINES

Organization: Family Resource Center

There are positive solutions to help your crying, tired child so you can put a stop to bedtime battles. With a plan and the right skills and strategies, you can turn things around so the whole family can get a good night's sleep.

Where: Lake Country Academy in Sheboygan

Date/Time: Thursday 3/13 at 6pm

Contact: (920) 892-6706

Register: familyresourcesheboygan.org/events

#### **FAMILY FRIENDLY DANCE FITNESS**

**Organization:** YMCA

Grab the whole family and dance to your favorite hits! Your instructor will take you through repetitive and easy to follow movements for 45 minutes of dance fitness fun! Recommended for ages 6+. Fee is per family.

Date/Time: Thursday 3/13 at 5:30pm

Contact: dcepa@sheboygancountyymca.org

Register: sheboygancountyymca.org

# BETTER TOGETHER: SOCIAL EMOTIONAL CLASSES

**Organization:** Progressive Beginnings

Join age-matched 3-5 year old peers to facilitate socialemotional development. This class is led by our occupational therapists and will focus on socialemotional development and self regulation. Children will be led through activities that focus on identifying emotions, sensory integration, following directions and turn taking/sharing. The goal of the course is to teach children and their parents strategies for promoting optimal emotional well-being and social-emotional development.

**Date/Time**: Tuesday 3/4 at 5:15pm **Contact**: jessicapt@proqbeq.com

Visit: progbeg.com

#### **MOVIE: WONDER WOMAN (2017)**

Organization: Weill Center for the Performing Arts

Join us in celebration of Women's History Month. Action Adventure. Before she was Wonder Woman, she was Diana, princess of the Amazons, trained to be an unconquerable warrior. Raised on a sheltered island paradise, when an American pilot crashes on their shores and tells of a massive conflict raging in the outside world, Diana leaves her home, convinced she can stop the threat. Fighting alongside man in a war to end all wars, Diana will discover her full powers... and her true destiny.

Date/Time: Friday 3/21 at 7pm

Contact: (920) 208-3243 Register: weillcenter.org

#### **BITTY BOOK CLUB**

**Organization:** Family Resource Center, Mead Library and Progressive Beginnings

Bring your child aged 2-5 and join us at the Mead Public Library for a free interactive toddler book club where facilitators from the Family Resource Center and Progressive Beginnings will help make stories come alive with book-themed activities that encourage a child's motor, language and social development. Our professionally-trained Parent Educator and Physical Therapist will point out child developmental milestones to watch for while building your child's very own library and literacy skills as your child approaches kindergarten. Each family will be able to take a copy of the book home!

Date/Time: Tuesday 3/18 at 9:30 am and 4:30pm

**Contact:** jessicapt@progbeg.com

Visit: meadpl.org

#### FOOD EXPLORERS FEEDING CLASSES

**Organization:** Progressive Beginnings

This class is designed for kids to become explorers of various textures, tastes and smells. This therapist-led class, for ages 4-10 years old, is an immersive and fun experience to learn new tips and tricks around the daily activity of feeding. Each class will bring new creations that teaches kids and their parents how to set up a positive mealtime experience, increase exposure to fine motor skills and learn new ways to bring fun into the feeding experience.

**Date/Time:** Tuesday 3/4 at 5:15pm **Contact:** jessicapt@progbeg.com

Visit: progbeg.com



### **Events Continued**

# 7 PRINCIPLES FOR MAKING MARRIAGE WORK

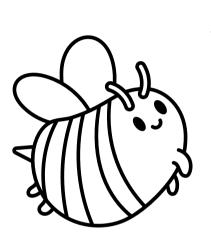
Organization: Great Marriages

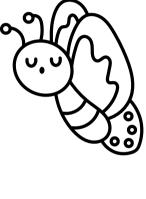
Did you know your kids watch YOU to learn how to have a successful relationship? Join us on Friday, March 28 and Saturday, March 29 to learn practical skills to improve your friendship and leave with your relationship strengthened to be an even better example to your kids!

Date/Time: Friday 3/28 from 6-9pm and

Saturday 3/29 9am-12pm **Contact:** (920) 783-6142

Visit: great-marriages.org/events





#### **EASTER EGG HUNT & HIKE**

Organization: YMCA Camp Y-Koda

Hop on over to Camp Y-Koda for the First Annual Easter Egg Hunt & Hike! Families can hike around camp searching for filled eggs throughout the 80-acre property. Special Golden Easter Eggs will be hidden mixed in, and will contain a special surprise. This event will happen rain, shine or snow! Don't forget your basket as you'll collect many sweet treats! At the end of collecting we ask that you head to the main Lodge to return your eggs for camp to reuse for the following year.

Where: Camp Y-Koda in Sheboygan Falls

Date/Time: Saturday 4/5 at 10am

Register: <u>ymcacampykoda.campbrainregistration.com</u>

#### PIZZA WITH A PURPOSE

**Organization:** Nourish Farms

Enjoy a buffet of delicious pizzas with an educational presentation from the Sheboygan County Beekeepers Association at 6:30. The educational portion of the evening is free of charge, and a buffet ticket purchase is not required to attend the presentation.

**Date/Time:** Tuesday 3/4 at 5pm **Contact:** info@nourishfarms.org **Tickets:** nourishfarms.org/events

# Resources & Programs

#### DOMESTIC VIOLENCE YOUTH SERVICES

Organization: Safe Harbor of Sheboygan

Safe Harbor's Youth Services Program provides familyfocused crisis intervention and individual supportive services to children who have experienced the trauma of domestic or sexual violence in their lives. Our program offers 1-on-1 advocacy to children and parents.

Contact: (920) 452-7640 Visit: sheboygansafeharbor.org

### MY NEW YEAR HEART & MIND JOURNAL

Organization: Mental Health America Lakeshore

This free journal helps kids explore feelings of happiness, calm and strength through activities like thinking, writing and drawing. It's all about building resilience and is perfect for parents, caregivers and teachers to use together.

Visit: mhalakeshore.org



#### **BIRTH TO 3 PROGRAM**

Organization: Sheboygan Co. Health & Human Services

Children do different things at different ages. If you are worried about the way your baby or toddler is developing, don't wait! The years from birth to age three are so important. Call to arrange an appointment for a developmental screening for your child.

Contact: (920) 459-0557 Visit: <u>sheboygancounty.com</u>

#### SUMMER CAMP AT CAMP Y-KODA

Organization: YMCA Camp Y-Koda

Summer registration opens up soon for Camp Y-Koda! The 12-week program runs from June 9-August 29, 2025 and has offerings for ages 4-16. We encourage you to follow us on Facebook or join our email blast for the announcement of the brochure & registration information!

Contact: (920) 467-6882

Visit: <a href="mailto:sheboygancountyymca.org/camp-y-koda">sheboygancountyymca.org/camp-y-koda</a>

### **Resources & Programs**

#### **BEFORE & AFTER SCHOOL PROGRAMS**

Organization: Boys & Girls Clubs of Sheboygan Co.

No cost for free/reduced lunch status. Activities include academic enrichment, arts, STEM, health/ wellness, character and leadership. Snack included.

**Before + After School Sites for K-5th**: Longfellow, Jefferson, Cooper.

**After School Sites for K-8th:** Lake Country Academy, Sheboygan Falls.

**Contact:** program@thepositiveplace.com

Visit: The Positive Place.com

#### **PARENTS AS TEACHERS**

Organization: Family Resource Center

A free, evidence-based, voluntary program to support parents, answer your questions, increase your parenting skills and help provide early detection of potential developmental delays in your child. Services include inhome or virtual visits and a variety of parenting classes to help you and your child make the most of the early years.

Contact: pat@frc-sc.org

Visit: familyresourcesheboygan.org

# EQUINE ASSISTED ACTIVITIES & THERAPIES

Organization: REINS, Inc.

REINS provides social and emotional support for children and adults through the utilization of horses. REINS helps people with physical disabilities and mental/emotional issues. Activities are organized using the horses to meet personal growth goals of our participants.

Visit: reins-wi.org

# MENTORING, TUTORING & CAREER EXPLORATION

**Organization:** Horizons4Girls

We help students discover and set goals, both academic and personal. The goal being that students discover and access community resources as they work towards their goals.

Contact: info@Horizons4Girls.com or call (920)-254-1584

#### AFTER SCHOOL TEEN DROP-IN

Organization: Boys & Girls Clubs of Sheboygan Co.

Activities include homework help, arts, STEM, sports, cooking, character and leadership, career exploration and more. Meals & snacks included.

Open to teens in Grades 6-12. Monday through Friday from 3-7pm.

Location: 812 Broughton Dr, lower level of the YMCA in

Sheboygan

Contact: clubaty@thepositiveplace.com

Visit: ThePositivePlace.com

#### **RAYS YOUTH SERVICES**

Organization: Foundations Health & Wholeness

RAYS Youth Services is a voluntary, community-based program open to all youth between school-age and 21 years of age. The program is designed to help prevent homelessness and decisions to become a runaway while navigating youth through the process of transitioning to successful, healthy and independent living via preventative outreach, education and other critical resources.

RAYS meets all youth where they are at within the community, using a trauma-informed perspective to build coping/social emotional skills, positive adult connections and strong connections to their community.

Contact: RAYS@wearefoundations.org

**Visit:** wearefoundations.org/rays-youth-services

## DEVELOPMENTAL CHECKLISTS & SCREENINGS

**Organization:** Progressive Beginnings

Check in on your child's development – early intervention is key! Our developmental checklists can help you monitor your child's motor, language and sensory development. Checklists are available for ages 1-14.

Or, sign up for a FREE 30-minute screening to evaluate your child's social-emotional and motor development, including communication, gross motor, fine motor, problem-solving and personal-social skills. Give your child the best start – schedule a screening today!

Visit: <u>progbeg.com</u>



### **Resources & Programs**

#### **GIRL SCOUTS**

Organization: Girl Scouts of Manitou Council

Your year of friendship awaits! Now's the perfect time to start your Girl Scout journey. Get ready to go on epic adventures, try new things and have a blast! Discover a world of excitement with your Girl Scout friends by your side. Troops are now forming in your area. Join us!

Contact: growstrong@gsmanitou.org or

(920) 565-4575 **Visit**: <u>gsmanitou.org</u>

#### **SEA SCOUTS, SHIP 5050**

**Organization:** Scouting America

Sea Scout units – called ships – are established all across the country, and in Sheboygan we have Ship 5050. Sea Scouting promotes better citizenship and improves members' boating skills through instruction and practice in water safety, boating skills, outdoor, social, service experiences and knowledge of our maritime heritage.

Contact: sally.bork@scouting.org or (920) 203-0700

Visit: beascout.scouting.org

#### **CUB SCOUTS**

Organization: Scouting America

The Cub Scouts program is open to boys and girls in kindergarten through 5th grade. Cub Scouts have the time of their lives making new friends and learning new things in an environment designed to help them succeed. From building a Pinewood Derby® car to learning how to roast the perfect marshmallow at a family camp out, your child will LOVE being a Cub Scout!

Contact: sally.bork@scouting.org or (920) 203-0700

Visit: beascout.scouting.org

#### **SCOUTS BSA**

**Organization:** Scouting America

Scouts BSA is the traditional Scouting experience for both boys & girls in the 5th grade through high school. Service, community engagement and leadership development become increasingly important parts of the program as youth lead their own activities and work their way toward earning Scouting's highest rank, Eagle Scout. Outdoor adventure is the promise made to youth when they join Scouting. Young people yearn for outdoor programs that stir their imagination and interest.

Contact: sally.bork@scouting.org or (920) 203-0700

Visit: beascout.scouting.org



#### DOG-ASSISTED THERAPY

Organization: Love on a Leash - Sheboygan Area

Love on a Leash® is committed to bringing comfort, happiness, and healing to more people nationwide by increasing public awareness of pet-provided therapy Registered and certified therapy teams, owner with dog, are available to work in a variety of settings like a classroom or library.

Contact: (920) 254-1584

Visit: <a href="https://www.loveonaleash.org/">https://www.loveonaleash.org/</a>

# HELPING OTHER PARENTS THROUGH EDUCATION (H.O.P.E.)

Organization: Anchor of Hope

A free parent education program that covers various topics for parents from birth to three years of age. The program is to educate and empower parents to grow as parents and individuals. Participants can join any time.

Contact: Call (920) 452-4673 or text (920) 400-6927

Visit: anchorofhopewi.org/hope-program

#### YOUTH GROUPS (FAITH-BASED)

**Organization:** Campus Life

Campus Life offers engaging programs for children and teens, providing a supportive environment where they can connect, learn and grow in their Christian faith. Through games, lessons and group discussions, students build friendships and explore important life values. Programs are available for ages 2-18, with activities designed to encourage personal growth, teamwork and a sense of belonging. Visit our website for specific days and times for each age group.

**Contact:** campuslife@gocampuslife.com or (920)-457-2381 **Visit:** gocampuslife.com

### **HELP IN 3 NUMBERS**

For assistance with basic needs, housing, utilities, food, clothing, employment, support groups, legal aid or other essential needs, please dial 2-1-1 or visit 211now.org

For general emergencies, call 9-1-1.

For a mental health emergency, call 9-8-8 or (920) 459-3151.