# YOUTH AND FAMILY RESOURCES

February 2025

Check out the list below of upcoming programs, events and general services supporting youth and families!



### **Events**

#### CHILI DINNER WITH FALLS BOOSTER

**Organization:** Nourish Farms & Sheboygan Falls School District Booster Club

Enjoy several different kinds of chili including the recipe by the winner of the SFSD Booster Club competition! This event helps support the Sheboygan Falls School District Booster Club.

Where: Nourish Farms in Sheboygan Falls **Date/Time:** Thursday 2/20 from 5-7:30pm

**Tickets**: nourishfarms.org/events

#### FATHER DAUGHTER DANCE

**Organization: YMCA** 

Join us for the Starry Night Father-Daughter Dance! Enjoy a lively playlist of music by DJ, crafts, and a glimmering photo booth. Indulge in kid-friendly light refreshments and snacks at the sweet treat station. Get ready to dance and make unforgettable memories that will last a lifetime.

Please note this is not a dinner dance. Though this event is advertised as a Father/ Daughter Dance, ALL family members are more than welcome to attend (mothers, sons, grandparents, aunts, uncles, etc.). Ages 4-13.

Where: YMCA Camp Y-Koda in Sheboygan Falls

Date/Time: Saturday 2/8 at 6pm

**Contact:** (920) 467-6882

Tickets: <a href="mailto:sheboygancountyymca.org/camp-y-koda">sheboygancountyymca.org/camp-y-koda</a>

#### **FAMILY YOGA**

**Organization:** Mead Public Library

Join certified wellness and yoga instructor Rachael Haas as we stretch the winter blues away. Suitable for kids of all ages and their adults.

Date/Time: Saturday 2/15 at 10am

Contact: (920) 459-3400

Visit: meadpl.org

### SHEBOYGAN COUNTY COMMUNITY PARTNERSHIP FOR CHILDREN

#### **DRAGONS & MYTHICAL BEASTS LIVE**

**Organization:** Weill Center for the Performing Arts

Enter into a magical world of myths and legends in this fantastical new interactive show for all the family. Unveil a myriad of dark secrets and come face to face with some of the most magnificent monsters and terrifying beasts ever to walk the earth. Discover the colossal Stone Troll, the mysterious Indrik and Japanese Baku; the Tooth Fairy (not as sweet as you'd think), an adorable Unicorn and majestic Griffin. Take your place among legendary heroes, just don't wake the Dragon...

**Date/Time:** Friday 2/14 at 6pm **Contact:** (920) 208-3243

**Register:** weillcenter.com/events

#### **SCHOOL'S OUT CAMP**

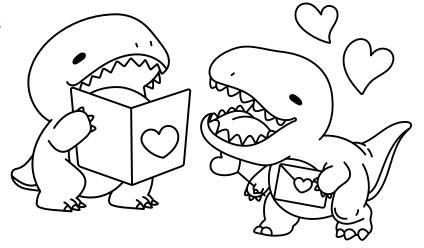
Organization: YMCA

No School? No Problem! When school is out, camp is here for parents with a full day of care in our School's Out program. Campers will enjoy an action-packed day of adventure and fun. We will get the kids outside to enjoy the fresh air and partake in favorite camp activities. Your camper will make new friends, gain confidence and expand their horizons. It's a great way to spend a day off! Wear your most loved outfit and enjoy traditional camp activities! We will create a special, sweet craft to share to others within our community. Ages 4-13.

Where: YMCA Camp Y-Koda in Sheboygan Falls

**Date/Time**: Monday 2/17 **Contact**: (920) 467-6882

Register: <a href="mailto:sheboygancountyymca.org/camp-y-koda">sheboygancountyymca.org/camp-y-koda</a>



## **Events Continued**

# PARENT CAFE: SPECIAL NEEDS CHILDREN

**Organization:** Family Connections

Join us for refreshing conversations, meeting other families and sharing ideas and resources. Open to parents with children who have physical, cognitive/developmental disabilities, and/or living with challenging health conditions. Dinner and childcare provided. Every family receives a Kwik Trip gas card. Registration is required.

Date/Time: Wednesday 2/5 at 4:30pm

Contact: (920) 904-8529

Register: surveymonkey.com/r/impactparentcafe

# SENSATIONAL BABIES: INFANT MASSAGE 5-WEEK SERIES

Organization: Family Resource Center

In this virtual, FREE, 5-week session (all 5 Thursdays are required) learn relaxing massage routines, identify cues and behavioral states, and learn methods to stay connected as baby grows. We gradually introduce new strokes while you build attachment and community with other parents & caregivers.

Where: Virtual

Date/Time: Thursdays starting 2/6 at 11am

Contact: (920) 892-6706

**Register:** familyresourcesheboygan.org/events

# BUILDING HEALTHY RELATIONSHIPS WITH CHILDREN WHO HAVE EXPERIENCED TRAUMA

Organization: Sheboygan Co. Health & Human Services

This free workshop helps educate and support parents, caregivers, foster parents and professionals who work with children/families to better understand stress/trauma, the impacts, and how to respond in healthier ways. Held every Thursday over 8 weeks. Register soon before workshop fills.

**Date/Time:** Thursday 3/6 through Thursday 5/1, every Thursday from 9am-12pm. No class on Thursday 3/27.

Location: Health & Human Services building in

downtown Sheboygan **Contact:** (920) 459-3235

#### WIZARD OF OZ ON ICE

**Organization:** Weill Center for the Performing Arts

Experience the enchantment of "The Wizard of Oz" like never before with this dazzling ice show! Watch as world-renowned professional skating champions bring this beloved tale to life on ice, combining breathtaking performances with interactive elements for audiences of all ages.

Date/Time: Friday 2/21 at 6pm

**Contact:** (920) 208-3243

Register: weillcenter.com/events

#### DEALING WITH DISOBEDIANCE

Organization: Family Resource Center

We all know what it's like to face that moment when our children just don't do as they're told. This discussion group will give some positive parenting strategies to help you teach your child to accept limits, do as they are told, and to understand the meaning of the word 'no'. During this group discussion, you will meet other parents and share some of your experiences and ideas about managing disobedience.

Where: Lake Country Academy in Sheboygan

Date/Time: Thursday 2/13 at 6pm

Contact: (920) 892-6706

**Register:** familyresourcesheboygan.org/events

#### SPRING BREAK DAY CAMP

**Organization:** YMCA

Looking for something fun for the kids to do over their Spring Break? Send the kids to camp for outdoor adventure and fun! Each day has a special theme and we will be taking a swimming field trip on select days. Sign up early!

Where: YMCA Camp Y-Koda in Sheboygan Falls

Date/Time: Friday 3/21, Monday 3/24 through Friday 3/29

and Monday 3/31

Contact: (920) 467-6882

Register: <a href="mailto:sheboygancountyymca.org/camp-y-koda">sheboygancountyymca.org/camp-y-koda</a>



### **Events Continued**

#### **GARDEN SERIES: FLOWER ARRANGING**

Organization: Nourish Farms

Just in time for Valentine's Day! Bring a loved one or come solo to our flower arranging workshop and create an arrangement made from the heart. We will walk you through the entire process, from selecting the right flowers to creating a stunning one-of-a-kind bouquet. All materials will be provided but feel free to bring your own vase. There will be a small award for the most creative vase as well as the most unique arrangement!

**Date/Time:** Tuesday 2/11 at 5:30pm **Contact:** info@nourishfarms.org **Register:** nourishfarms.org/events



**Organization:** Great Marriages

Your children are learning to love by watching YOU! Join us for a Valentine's Date Night to nurture your connection and learn how to give your children the best example of a healthy relationship you possibly can!

Date/Time: Saturday 2/15 at 5:30pm

Contact: (920) 783-6142

**Visit:** great-marriages.org/events

# FAMILY FARM TO TABLE: CHILI COOKING CLASS

**Organization:** Nourish Farms

Start your week warming up with Chili! We'll be making a variety of Chili, accompanied by corn bread and good times!

**Date/Time:** Monday 2/17 at 11am **Contact:** info@nourishfarms.org **Register:** nourishfarms.org/events

#### PARENT CAFE: BODIES & BOUNDARIES

**Organization:** Family Connections & Family Resource

Center

Do you dread talking to your child about sex? Do you want to protect them, but don't know how to start? Then this is the Parent Cafe you don't want to miss!

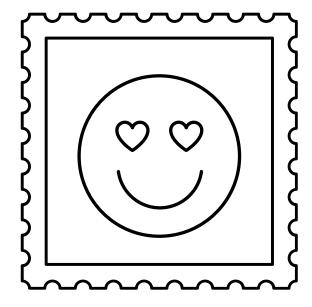
Date/Time: 3-part series on Thurs 2/13, 2/20 and 2/27

Contact: (920) 457-1999

**Register:** https://www.surveymonkey.com/r/pbcafeseries









## **Resources & Programs**

#### **BEFORE & AFTER SCHOOL PROGRAMS**

Organization: Boys & Girls Clubs of Sheboygan Co.

No cost for free/reduced lunch status. Activities include academic enrichment, arts, STEM, health/ wellness, character and leadership. Snack included.

**Before + After School Sites for K-5th:** Longfellow, Jefferson, Cooper.

**After School Sites for K-8th:** Lake Country Academy, Sheboygan Falls.

**Contact:** program@thepositiveplace.com

Visit: ThePositivePlace.com

#### **DOMESTIC VIOLENCE YOUTH SERVICES**

Organization: Safe Harbor of Sheboygan

Safe Harbor's Youth Services Program provides familyfocused crisis intervention and individual supportive services to children who have experienced the trauma of domestic or sexual violence in their lives. Our program offers 1-on-1 advocacy to children and parents.

Contact: (920) 452-7640

Visit: sheboygansafeharbor.org

#### RAYS YOUTH SERVICES

**Organization:** Foundations Health & Wholeness

RAYS Youth Services is a voluntary, community-based program open to all youth between school-age and 21 years of age. The program is designed to help prevent homelessness and decisions to become a runaway, while navigating youth through the process of transitioning to successful, healthy, and independent living via preventative outreach, education, and other critical resources.

RAYS meets all youth where they are at within the community, using a trauma-informed perspective to build coping/social emotional skills, positive adult connections, and strong connections to their community.

Contact: RAYS@wearefoundations.org

**Visit**: wearefoundations.org/rays-youth-services

# MENTORING, TUTORING & CAREER EXPLORATION

Organization: Horizons4Girls

We help students discover and set goals, academic and personal. The goal being that students discover and access community resources as they work towards their goals.



#### AFTER SCHOOL TEEN DROP-IN

Organization: Boys & Girls Clubs of Sheboygan Co.

Activities include homework help, arts, STEM, sports, cooking, character and leadership, career exploration and more. Meals & snacks included.

Open to teens in Grades 6-12. Monday through Friday from 3-7pm.

Location: 812 Broughton Dr, lower level of the YMCA in

Sheboygan

Contact: clubaty@thepositiveplace.com

Visit: ThePositivePlace.com

#### **SUMMER CAMPS ARE COMING!**

**Organization:** Bookworm Gardens

Even though winter has just begun, we are already looking ahead to warmer summer days at Camp Bookworm. Camp spots sell out quickly, so mark your calendars for our upcoming registration dates! Camps are designed for children of various ages, from as young as 3 up to those entering 6th grade.

Registration for Bookworm Gardens Members begins on January 22, 2025 at 10 AM online. Non-member registration will begin February 19, 2025 at 10 AM online.

Contact: info@bookwormgardens.org

**Visit:** bookwormgardens.org/camp-bookworm

#### SUMMER CAMP AT CAMP Y-KODA

Organization: YMCA Camp Y-Koda

Summer registration opens up soon for Camp Y-Koda! The 12 week program runs from June 9-August 29, 2025 and has offerings for ages 4-16. We encourage you to follow us on Facebook or join our email blast for the announcement of the brochure & registration information!

Contact: (920) 467-6882

Visit: sheboygancountyymca.org/camp-y-koda

#### PARENTS AS TEACHERS

**Organization:** Family Resource Center

A free, evidence-based, voluntary program to support parents, answer your questions, increase your parenting skills, and help provide early detection of potential developmental delays in your child. Services include inhome or virtual visits and a variety of parenting classes to help you and your child make the most of the early years.

Contact: pat@frc-sc.org

Visit: familyresourcesheboygan.org

## **Resources & Programs**

#### **GIRL SCOUTS**

Organization: Girl Scouts of Manitou Council

Your year of friendship awaits! Now's the perfect time to start your Girl Scout journey. Get ready to go on epic adventures, try new things and have a blast! Discover a world of excitement with your Girl Scout friends by your side. Troops are now forming in your area. Join us!

Contact: growstrong@gsmanitou.org

(920) 565-4575 **Visit:** gsmanitou.org

#### SEA SCOUTS, SHIP 5050

Organization: Scouting America, Boy Scouts of America

Sea Scout units – called ships – are established all across the country, and in Sheboygan we have Ship 5050. Sea Scouting promotes better citizenship and improves members' boating skills through instruction and practice in water safety, boating skills, outdoor, social, service experiences and knowledge of our maritime heritage.

Contact: sally.bork@scouting.org or (920) 203-0700

Visit: beascout.scouting.org

#### **CUB SCOUTS**

Organization: Scouting America, Boy Scouts of America

The Cub Scouts program is open to boys and girls in kindergarten through 5th grade. Cub Scouts have the time of their lives making new friends and learning new things in an environment designed to help them succeed. From building a Pinewood Derby® car to learning how to roast the perfect marshmallow at a family camp out, your child will LOVE being a Cub Scout!

Contact: sally.bork@scouting.org or (920) 203-0700

Visit: beascout.scouting.org

## **HELP IN 3 NUMBERS**

For assistance with basic needs, housing, utilities, food, clothing, employment, support groups, legal aid or other essential needs, please dial 2-1-1 or visit 211now.org

For general emergencies, call 9-1-1.

For a mental health emergency, call 9-8-8 or (920) 459-3151.

#### BIRTH TO 3 PROGRAM

Organization: Sheboygan Co. Health & Human Services

Children do different things at different ages. If you are worried about the way your baby or toddler is developing, don't wait! The years from birth to age three are so important. Call to arrange an appointment for a developmental screening for your child.

**Contact:** (920) 459-0557 **Visit:** sheboygancounty.com

#### SCOUTS BSA

Organization: Scouting America, Boy Scouts of America

Scouts BSA is the traditional Scouting experience for both boys & girls in the 5th grade through high school. Service, community engagement and leadership development become increasingly important parts of the program as youth lead their own activities and work their way toward earning Scouting's highest rank, Eagle Scout. Outdoor adventure is the promise made to youth when they join Scouting. Young people yearn for outdoor programs that stir their imagination and interest.

Contact: sally.bork@scouting.org or (920) 203-0700

Visit: <u>beascout.scouting.org</u>

# HELPING OTHER PARENTS THROUGH EDUCATION (H.O.P.E.)

**Organization:** Anchor of Hope

A free parent education program that covers various topics for parents from birth to three years of age. The program is to educate and empower parents to grow as parents and individuals. Participants can join any time.

Contact: Call (920) 452-4673 or Text (920) 400-6927

**Visit:** anchorofhopewi.org/hope-program

#### DOG-ASSISTED THERAPY

Organization: Love on a Leash - Sheboygan Area

Love on a Leash® is committed to bringing comfort, happiness, and healing to more people nationwide by increasing public awareness of pet-provided therapy Registered and certified therapy teams, owner with dog, are available to work in a variety of settings like a classroom or library.

Contact: (920) 254-1584, ckpachniak@gmail.com



# **RECURSOS PARA JOVENES & FAMILIAS**

febrero 2025

### **Eventos & Recursos**



Organización: Nourish Farms y el Booster Club del Distrito Escolar de Sheboygan Falls

iDisfruta de varios tipos de chili, incluyendo la receta ganadora de la competencia del Booster Club de SFSD! Este evento apoya al Booster Club del Distrito Escolar de Sheboygan Falls.

Lugar: Nourish Farms en Sheboygan Falls

Fecha/Hora: Jueves 20 de febrero, de 5:00 a 7:30 p.m.

**Boletos**: nourishfarms.org/events

#### PROGRAMA PARA ADOLESCENTES

Organización: Boys & Girls Clubs

Despues del dia esoclar, nuestro programa de "drop-in" no requiere registraction previa. Las actividades para adolescentes incluyen ayuda con la tarea, artes, ciencias, matematicas, deportes, cocina, desarrollo del carácter y liderazgo, exploración de carreras y más. Comidas/botana gratis. Abierto para los grados 6-12, de lunes a viernes de 3 p.m. a 7 p.m.

Donde: 812 Broughton Drive, planta baja de YMCA Sheboygan

Contacto: program@thepositiveplace.com Visita: ThePositivePlace.com

#### GIRL SCOUTS

Programa: Girl Scouts of Manitou Council

¿Hacer malvaviscos alrededor de una hoguera? ¿Explora un parque estatal con tu tropa? ¿Sonríe a alguien? Haz todo eso y mucho más con las Girl Scouts. ¡Te espera un año de diversión!

Ahora es el momento perfecto para comenzar tu viaje con las Girl Scouts. Prepárate para vivir aventuras épicas, próbar cosas nuevas y pasarlo en grande. Descubre un mundo de emociones con tus amigas Girl Scouts a tu lado.

Contacto: growstrong@gsmanitou.org o llama

(920) 565-4575 Visita: gsmanitou.org





#### SERIE DE JARDINERIA: ARREGLO DE **FLORES**

Organization: Nourish Farms

ilusto a tiempo para el Día de San Valentín! Trae a un ser querido o ven solo a nuestro taller de arreglos florales y crea un arreglo hecho con el corazón. Te guiaremos durante todo el proceso, desde la selección de las flores adecuadas hasta la creación de un ramo único y espectacular. Todos los materiales estarán inclúidos, pero si deseas, puedes traer tu propio florero. iHabrá un pequeño premio para el florero más creativo y para el arreglo más original!

Date/Time: martes 11 de febrero a las 5:30pm

Contact: info@nourishfarms.org Register: nourishfarms.org/events

#### PROGRAMAS ANTES & DESPUES DEL DIA **ESCOLAR**

Programa: Boys & Girls Clubs

Sin costo para quienes califican para almuerzo gratis o a precio reducido. Las actividades incluyen enriquecimiento académico, artes, ciencias, matematicas, salud y bienestar, desarrollo del carácter y liderazgo. Se incluye bocadillo/botana.

Sitios para ninos en K-5: Longfellow, Jefferson, Cooper. Sitios para la programacion despues del dia escolar, ninos en K-8: Lake Country Academy, Sheboygan Falls.

Contacto: program@thepositiveplace.com

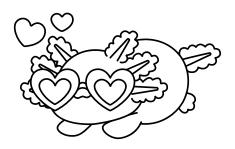
Visita: The Positive Place.com

#### SHEBOYGAN COUNTY BIRTH TO THREE

Programa: Condado de Sheboygan Birth to Three

Los niños hacen cosas diferentes a edades diferentes. Algunos bebés se sientan sin apoyo a los seis meses, mientras que otros necesitan ayuda hasta los nueve meses. Algunos niños pequeños empiézan a hablar cuando tienen un año. Otros pueden tardar más en decir sus primeras palabras. Si te preocupa el desarrollo de tu bebé o niño pequeño, ino esperes!

Contacto: (920) 459-0557



### **Eventos & Recursos**

#### **SCOUTS OF AMERICA**

Organizacion: Boy Scouts of America

Abierto a niños como a niñas, los "Boy Scouts" ofrecen una variedad de programas para jóvenes de todas las edades, siempre enfocando en aventuras en las afueras y el desarrollo de liderazgo. iÚnete a ellos y descubre todas las oportunidades de aprendizaje y aventura que ofrecen!

"Cub Scouts" está abierto tanto a niños como a niñas desde Kindergarten hasta 5° grado. Este programa se centra en el desarrollo de habilidades, la am)istad y la diversión al aire libre.

"Scouts" está diseñado para jóvenes de 5° grado hasta la escuela secundaria, enfocándose en el servicio comunitario, el desarrollo de liderazgo y aventuras al aire libre.

Por último, "Sea Scouts" introduce a los adolescentes a la seguridad acuática y las habilidades de navegación, además de ofrecer experiencias sociales y de servicio. iÚnete a nosotros y descubre todas las oportunidades de aprendizaje y aventura que ofrecemos!

**Contacto:** sally.bork@scouting.org o llama (920)-203-0700 **Visita:** beascout.scouting.org

# LA AYUDA EN TRES NUMEROS

Para obtener ayuda con las necesidades básicas, vivienda, servicios públicos, alimentos, ropa, empleo, grupos de apoyo, asistencia jurídica u otras necesidades esenciales, marque 211 o busque en 211now.org

Para emergencias generales, marque 9-1-1.

Para una emergencia de salud mental, por favor marque (920) 459-3151 o 9-8-8.

#### **AYUDANDO A OTROS A SER PADRES**

**Organizacion:** Anchor of Hope

Un programa gratuito que cubre varios temas para padres de niños desde el nacimiento hasta los tres años de edad. El programa tiene como objetivo educar y empoderar a los padres para que crezcan como padres y como individuos. Los participantes pueden unirse al programa en cualquier momento.

**Contacto:** (920) 452-4673 or manda mensaje a (920) 400-

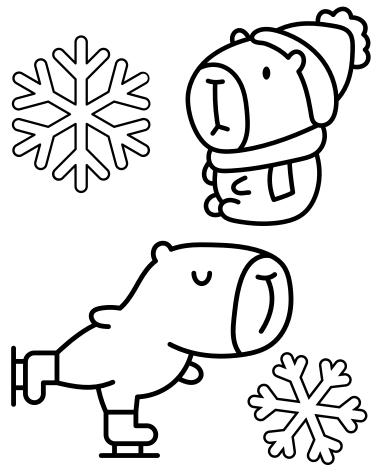
Visita: anchorofhopewi.org/hope-program

#### SAFE HARBOR OF SHEBOYGAN COUNTY

Programa: Servicios para jóvenes

El Programa de Servicios Juveniles de Safe Harbor ofrece intervención en crisis centrada en la familia y servicios de apoyo individual a los niños que han experimentado el trauma de la violencia doméstica o sexual en sus vidas. Nuestro programa ofrece uno-a-uno la defensa de los niños y los padres. Póngase en contacto con nosotros si tiene alguna pregunta sobre nuestros servicios.

**Contacto:** (920) 452-7640 **Visita:** sheboygansafeharbor.org





Las agencias listadas son organizaciones independientes y no son controladas, operadas o administradas por Community Partnership for Children of Sheboygan County (CPC). La información sobre los recursos para jóvenes y familias es proporcionada al CPC por las organizaciones.