

January 2024

YOUTH AND FAMILY RESOURCES



Check out the list below of upcoming programs, events and general services supporting youth and families!

Events

Sheboygan YMCA

Program: Youth Rec & Family Swim

Looking for a fun activity to do with the kids during Winter Break? Enjoy a swim in the 90-degree water of Garton Pool at the Sheboygan Y! All are welcome, no need to be a Y Member. \$10/Family

Date/Time: Visit website for full schedule
Contact: hnitsch@sheboygancountyyymca.org
Visit: <https://sheboygancountyyymca.org/pool-schedule.html>

Mead Public Library

Program: Saturday Storytime

Join us for Storytime! Activities are most appropriate for preschool-aged learners, but older and younger siblings are welcome. Stay for Open Art Studio afterwards!

Date/Time: 1/6, 10:00 a.m.
Contact: alison.loewen@meadpl.org
Visit: <https://www.meadpl.org/event/saturday-storytime-27348>

Weill Center for the Performing Arts

Program: Family-Friendly Spring Shows

Join the Weill Center for a variety of family-friendly shows this spring! See full event schedule for details.

Contact: cdobbs@weillcenter.com
Visit: weillcenter.com

Nourish Farms

Program: Farm to Table Family Class

Join Nourish for our monthly farm-to-table experience as we dive into January's Harvest of the Month - cabbage! Our Good Food Educators will guide your family through an engaging class that combines nutrition and garden education with culinary skill building. Don't miss this chance to nourish your family's connection to food and community!

Date/Time: 1/11, 4:30 p.m.
Contact: info@nourishfarms.org or (920) 550-2020
Visit: <https://nourishfarms.org/events/jan24family>

Dare to Dream Theatre

Program: BFG (Big Friendly Giant) Performance

In the much-beloved tradition of Roald Dahl (Charlie and the Chocolate Factory, James and the Giant Peach, Matilda), we join two misfits on an unforgettable odyssey. For a young orphan "human bean," the sight of a giant outside her window is terrifying. She fears for her life when he whisks her away to an enchanted land. But this Big Friendly Giant is not like other giants. The job of this larger-than-life vegetarian is to blow magical dreams into children's bedrooms. Together, they embark on a quest to save England from the "gizzard-gulping" giants who lack the BFG's tender heart. The cheeky BFG ultimately shows that heroes can come in all sizes. Humongous on humor and large on laughs, the story of the BFG was Dahl's personal favorite.

Date/Time: 1/26 - 2/4, 11:00 a.m.
Contact: daretodreamtheatre@daretodreamtheatre.org
Visit: <https://www.daretodreamtheatre.org/bfg>



Events Continued

Family Resource Center of Sheboygan County

Program: Triple P Positive Parenting Seminar: Raising Confident, Competent Children

As parents and caregivers we all want our children to grow to be confident and competent in the world, but at times this task can feel intimidating. This seminar will give you ideas on how to teach your child(ren) important life skills such as being respectful and considerate, communicating well with others, thinking positively, being independent and developing a healthy self-concept.

Date/Time: 1/22, 6:00 p.m.

Contact: PAT@frc-sc.org or (920) 892-6706

Visit: <https://familyresourcesheboygan.org/events/>

Family Resource Center of Sheboygan County

Program: Triple P Positive Parenting Seminar: The Power of Positive Parenting

Learn how to build positive relationships with your children by offering them a positive learning environment, using assertive discipline, having realistic expectations, having an interesting environment and practicing self-care. Using these strategies can help you and your child have a strong and healthy relationship.

Date/Time: 2/12, 6:00 p.m.

Contact: PAT@frc-sc.org or (920) 892-6706

Visit: <https://familyresourcesheboygan.org/events/>

Sheboygan County Health and Human Services

Program: Building Healthy Relationships with Children Who Have Experienced Trauma

Three-hour weekly workshop for parents, foster parents, family caregivers and professionals working with children and/or families who have a trauma history, this eight-week workshop will provide deeper meaning to the neurobiology of stress and trauma, how to understand "behaviors" that can be challenging to manage and various tools/concepts to help us better respond in trauma-informed ways in our homes, services and community.

Date/Time: Thursdays 2/29 - 4/25 (spring break week off), 9:00 a.m.

Contact: Katherine.pruitt@sheboygancounty.com or (920) 459-3235

Nourish Farms

Program: Community Dinner: A Taste of Ireland

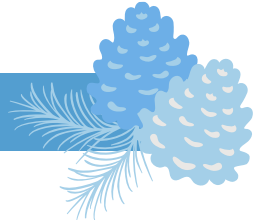
Enjoy a hearty, Irish-themed meal with special entertainment. Buffet-style dinner served from 5:30-7:00 with live music and dancing from 7:00-8:00. Buffet tickets for this dinner are \$25 for adults and teens and \$10 for 5-12 y/o. Children 4 and younger eat free.

Date/Time: 1/23, 5:30 p.m.

Contact: info@nourishfarms.org or (920) 550-2020

Visit: <https://nourishfarms.org/events/irishdinner24>

Programs/Resources



Sheboygan County Health and Human Services

Program: Birth to Three

Children do different things at different ages. Some babies sit without support at six months old, while others need help until they are nine months old. Some toddlers start talking when they are a year old. Others might take longer to say their first words. If you are worried about the way your baby or toddler is developing, don't wait! The years from birth to age three are so important.

Contact: (920) 459-0368

Visit: <https://www.sheboygancounty.com/departments/departments-f-q/health-and-human-services/child-family-services/children-family-resource-unit>

Anchor of Hope Health Center

Program: Free Sexual Health Clinic

No-cost confidential STD testing and treatment, pregnancy testing, limited OB ultrasounds, support groups and parenting classes for individuals and families.

Contact: Call or text (920) 452-4673 for an appointment or walk in at 1018 South Taylor Drive, Sheboygan, WI

Visit: www.anchorofhopewi.org

Safe Harbor

Program: Youth Services

Safe Harbor's Youth Services Program provides family-focused crisis intervention and individual supportive services to children who have experienced the trauma of domestic or sexual violence in their lives. Our program offers one-on-one advocacy to children and parents. Please reach out to us with any questions about our services.

Contact: (920) 452-7640

Visit: <https://www.sheboygansafeharbor.org/>

RAYS

Program: RAYS Youth Services

RAYS Youth Services is a voluntary, community-based program open to all youth between school age and 21 years of age. The program is designed to support homeless, runaway and at-risk youth. RAYS meets all youth where they are at within the community, using a trauma-informed perspective to build coping/social-emotional skills, positive adult connections and strong connections to their community.

Contact: RAYS@WeAreFoundations.org or (920) 458-7100

Visit: <https://wearefoundations.org/rays-youth-services>

Programs/Resources Continued

UW Madison Extension Sheboygan County

Program: Resilient Co-Parenting Class

Families Fighting Fair: Part one of a series of topic-specific classes designed for parents or caregivers raising children together while living apart.

Date/Time: 1/4, 7:00 p.m.

Contact: hannah.zellmer@wisc.edu

Visit: <https://barron.extension.wisc.edu/resilient-co-parenting/>



Girl Scouts of Manitou Council

Program: Girl Scouts

Make s'mores around a campfire? Explore a state park with your troop? Bring a smile to someone's face? Do all that and more with Girl Scouts! Your year of fun awaits! Now's the perfect time to start your Girl Scout journey. Get ready to go on epic adventures, try new things and have a blast! Discover a world of excitement with your Girl Scout friends by your side.

Contact: growstrong@gsmanitou.org or (920) 565-4575

Visit: www.gsmanitou.org

Boys & Girls Clubs of Sheboygan County

Program: After School Teen Drop In Program

Club at they Y: 812 Broughton Dr, Sheboygan. Grades 6-12. \$20/year. Fee assistance available. Mon/Tues/Thur/Fri from 3-7p, Wed from 2-6p. Activities include homework help, arts, STEM, sports, cooking, character and leadership, career exploration. Snack included.

Contact: clubaty@thepositiveplace.com

Visit: www.ThePositivePlace.com

Boys & Girls Clubs of Sheboygan County

Program: Before & After School Youth Programs

Before + After School Sites for K-5th: Longfellow, Jefferson, Cooper. After School Sites for K-8th: Lake Country Academy, Sheboygan Falls. Fees range from \$0-\$75/semester. Fee assistance available. Activities include academic enrichment, arts, STEM, health/wellness, character and leadership. Snack included.

Contact: program@thepositiveplace.com

Visit: www.ThePositivePlace.com

General Resources

For assistance with basic needs, housing, utilities, food, clothing, employment, support groups, legal aid or other essential needs, please dial 2-1-1 or search www.211now.org.

Another great local resource is Mental Health America (MHA) Lakeshore's [Community Resource Guide](#).

For resources for families, students, and educators as they navigate the school year, check out MHA Lakeshore's [Back to School Toolkit](#), a collection of resources that will be updated throughout the school year.

For general emergencies, dial 9-1-1.

For a mental health emergency, please dial 9-8-8 or (920) 459-3151.

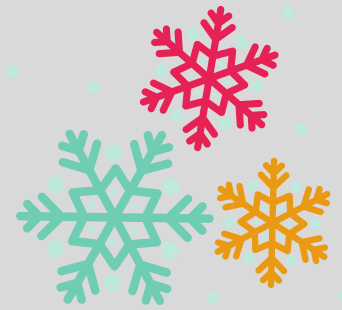


To protect your health and safety, as well as the health and safety of agency staff and clients, please do not sign up for events or programs if you are feeling ill. Please be mindful of the [CDC](#) and [Public Health's](#) recommendations.

The agencies listed are independent organizations and are not controlled, operated or managed by Community Partnership for Children of Sheboygan County (CPC). The information about the youth and family resources are provided to CPC by the organizations.

enero 2024

RECURSOS PARA JÓVENES Y FAMILIAS



Próximos programas indicados a abajo, eventos y servicios generales de apoyo a jóvenes y familias.

Eventos y Recursos

Sheboygan YMCA

Programa: Recreación para jóvenes y natación familiar

¿Buscas una actividad divertida para hacer con los niños durante las vacaciones de invierno? ¡Disfrute de la piscina Garton en Sheboygan! Todos son bienvenidos, no es necesario ser miembro de la YMCA. \$10/Familia

Fecha/Hora: Visita el sitio web para ver el programa completo

Contacto: hnitsch@sheboygancountyyymca.org
Visita: <https://sheboygancountyyymca.org/pool-schedule.html>

Weill Center for the Performing Arts

Programa: Espectáculos familiares de primavera

Únase al Weill Center para disfrutar de una variedad de espectáculos familiares esta primavera. Consulte el programa completo para más detalles.

Contacto: cdobbs@weillcenter.com
Visite: weillcenter.com

Girl Scouts of Manitou Council

Programa: Girl Scouts

¿Hacer malvaviscos alrededor de una fogata? ¿Explora un parque estatal con tu tropa? ¿Sonríe a alguien? Haz todo eso y mucho más con las Girl Scouts. ¡Te espera un año de diversión! Ahora es el momento perfecto para comenzar tu viaje con las Girl Scouts. Prepárate para vivir aventuras épicas, probar cosas nuevas y pasarlo en grande. Descubre un mundo de emociones con tus amigas Girl Scouts a tu lado.

Contacto: growstrong@gsmanitou.org or (920) 565-4575
Visita: www.gsmanitou.org

Sheboygan County Health and Human Services

Programa: Del nacimiento a los tres años

Los niños hacen cosas diferentes a edades diferentes. Algunos bebés se sientan sin apoyo a los seis meses, mientras que otros necesitan ayuda hasta los nueve. Algunos empiezan a hablar cuando tienen un año. Otros pueden tardar más en decir sus primeras palabras.

Contacto: (920) 459-0368

Visita: <https://www.sheboygancounty.com/departments/departments-f-q/health-and-human-services/child-family-services/children-family-resource-unit>

Safe Harbor

Programa: Servicios para jóvenes

El Programa de Servicios Juveniles de Safe Harbor ofrece intervención en crisis centrada en la familia y servicios de apoyo individual a los niños que han experimentado el trauma de la violencia doméstica o sexual en sus vidas. Nuestro programa ofrece uno-a-uno la defensa de los niños y los padres. Póngase en contacto con nosotros si tiene alguna pregunta sobre nuestros servicios.

Contacto: (920) 452-7640

Visita: <https://www.sheboygansafeharbor.org/>



Rontinuación de los Eventos y Recursos

Boys & Girls Clubs of Sheboygan County

Programa: Programa extraescolar para adolescentes

Antes y después de la escuela para K-5th: Longfellow, Jefferson, Cooper. Centros extraescolares para K-8th: Lake Country Academy, Sheboygan Falls. Las tarifas oscilan entre \$0- \$75 / semestre. Hay ayudas disponibles. Las actividades incluyen enriquecimiento académico, artes, STEM, salud/bienestar, carácter y liderazgo. Merienda incluida.

Contacto: program@thepositiveplace.com

Visita: www.ThePositivePlace.com

Boys & Girls Clubs of Sheboygan County

Programa: Programas para jóvenes antes y después de la escuela

Club at they Y: 812 Broughton Dr, Sheboygan. Grados 6-12. \$20/año. Ayuda disponible. Lunes/Martes/Jueves/Viernes de 3-7p, Miércoles de 2-6p. Las actividades incluyen ayuda con la tarea, artes, STEM, deportes, cocina, carácter y liderazgo, exploración de carreras. Merienda incluida.

Contacto: clubaty@thepositiveplace.com

Visita: www.ThePositivePlace.com

Anchor of Hope Health Center

Programa: Clínica gratuita de salud sexual

Pruebas de embarazo confidenciales y gratuitas, pruebas y tratamiento de ETS, ecografías obstétricas limitadas, grupos de apoyo, tutorías de hombre a hombre y clases de paternidad para personas o familias que estén actualmente embarazadas y/o sean padres de al menos un niño de 3 años o menos.

Contacto: Llame o envíe un mensaje de texto al (920)452-4673

Visita: www.anchorofhopewi.org



Recursos generales

Para obtener ayuda con las necesidades básicas, vivienda, servicios públicos, alimentos, ropa, empleo, grupos de apoyo, asistencia jurídica u otras necesidades esenciales, marque 2-1-1 o busque en www.211now.org.

Otro gran recurso local es la [Guía de Recursos Comunitarios](#) de Mental Health America (MHA) Lakeshore.

Para obtener recursos para las familias, los estudiantes y los educadores a medida que navegan el año escolar, echa un vistazo a MHA Lakeshore's [Back to School Toolkit](#), una colección de recursos que se actualizará durante todo el año escolar.

Para emergencias generales, marque 9-1-1.

Para una emergencia de salud mental, por favor marque (920) 459-3151 o 9-8-8.

Para proteger su salud y seguridad, así como la del personal y los clientes de la agencia, no se inscriba en eventos o programas si se encuentra mal. Por favor, tenga en cuenta el CDC y recomendaciones de Salud Pública.

Las agencias listadas son organizaciones independientes y no son controladas, operadas o administradas por Community Partnership for Children of Sheboygan County (CPC). La información sobre los recursos para jóvenes y familias es proporcionada al CPC por las organizaciones.

